



Asia HealthPartners Pte Ltd  
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## Health news

### Asia HealthPartners at InnoTech. Healthcare 2024

3 Sept 2024

Singapore

Marina Bay Sands Expo and Convention Centre

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Written by: Dr Chrystal Fong, Family Physician at Asia HealthPartners



Our family physician, Dr Chrystal Fong, was recently present at the Innotech.Healthcare “Enabling Healthcare Resiliency” conference held on 3.9.24 at the Marina Bay Sands Expo and Convention Centre, Singapore, organized by ST Engineering.

This conference gathered healthcare, government, and technology leaders to explore AI and HealthTech’s role in transforming healthcare. It tackles challenges like ageing populations, highlighting digital solutions for patient-centric care and system resilience. Key topics covered included modernising healthcare systems, leveraging AI for performance enhancement, and addressing cybersecurity challenges.

It was filled with insightful keynotes and panel discussions, as well as showcases of the latest ST Engineering's digital technologies in action with more than 1500 Attendees, 18 speakers and 20 experiential showcases.

The guest of honour, Singapore Health Minister Mr. Ong Ye Kung, shared his valuable insights at the opening segment:

### **3 Trends in healthcare**

#### **1. Ageing**

-With a longer life span comes a higher disease burden, higher patient load and healthcare cost.

#### **2. Preventive care**

-Preventive care as a strong strategy as population ages.

#### **3. Technology**

- The role of precision medicine and genomics and artificial intelligence.

We are living in the age of interdisciplinary education collaboration. There is much excitement and hope for the future of healthcare to improve our lives.

Dr Chrystal Fong provides comprehensive health screening and GP services to suit your individual needs.

Visit our website: <http://www.asiahealthpartners.com/>

**We hope to be of service in improving your health and well-being.**

#### **About the author:**

Dr Chrystal Fong Chern Ying (MBBS Melbourne, FRACGP) is currently practicing as a family physician at Asia HealthPartners under the subsidiary of Singapore Institute of Advanced Medicine (SAM) Holdings, located at Lucky Plaza, Orchard, Singapore.

Dr Chrystal Fong is listed on the editors list of health screening providers on Health365, a healthcare, wellness and aesthetic medicine publishing agency in Asia. She has a special interest in health prevention and incorporates sports psychology and lifestyle medicine principles in her health screening and advocacy in health promotion.

She will be featured in the Britishpedia's upcoming 6<sup>th</sup> edition of 'Successful People in Malaysia and Singapore'.

She is an active sports person who has keen interests in lifestyle medicine, medical technology and longevity themed medical care. She takes personal pride in living the lifestyle medicine pillars herself and advocating through her sports communities and social media platforms.

Her personal mantra being 'The world is changed by your example, not your opinion.'

Being certified in Wellness and Behaviour modification with International Sports Academy, her consultations incorporate health coaching methods.

She is a member of the Singapore College of Family Physicians, Singapore Medical Association, Singapore Society of Behavioural Health, Singaporean Society of Lifestyle Medicine, HIMSS (Healthcare Information and Management Systems Society).



Dr Chrystal Fong (Family Physician)



Opening by the guest of honour  
Singapore Health Minister Mr. Ong Ye Kung



Health care leaders from public  
and private sectors