AHP Loyalty Programme All Adults Packages 2024

- **Almond Health Screening Package $163.50**
  Male and Female (Below 40 yrs old)

  - Doctor's Consultation (Physical examination + Medical History review)
  - Comprehensive Medical Report and Review
  - BMI + Fats% Composition
  - Resting ECG (Heart disease)
  - Lab Test:
    - Full Kidney - Sodium, Potassium, Chloride, Urea, Creatinine
    - Full Liver - Total Protein, Albumin, Globulin, A/G Ratio, Total Bilirubin, Alkaline Phosphatase, SGPT/ALT, SGOT/AST, Gamma GT
    - Full Blood Count + Peripheral blood film +ESR
    - Glucose (Diabetes)
    - Full Lipid - Total Cholesterol, Triglyceride, HDL, LDL, Cholesterol Ratio
    - VDRL Serology (syphilis)
    - Bone & Joint - Calcium, Phosphate, Uric Acid (Gout)
    - Hepatitis A & B
    - Cancer Markers - AFP (Liver), CEA (Colon)
    - Urine FEME
    - Stool Occult Blood

Add-on rates (Applicable when taken with Almond Package)

Female Screen

- ✓ Liquid Based Pap Smear (Improved Accuracy) with Pelvic examination at $65.40
- ✓ Ultrasound Breasts at $147.15
- ✓ Ultrasound Pelvis (Womb & ovary) at $156.96

Male Screen

- ✓ Testosterone (Male Sex Hormone) at $38.15
- ✓ Ultrasound Hepatobiliary System (Liver, gallbladder) at $176.58
- ✓ Treadmill ECG (Heart artery blockage) at $196.20

- **HPV 2-Valent and 9-Valent Vaccination Available for prevention of Cervical Cancer, Genital Warts, Oral Cancer, Anal Cancer, Penile Cancer**

- **Pecan Health Screening Package $444.72**
  Male and Female (40 yrs old & above)

  - Doctor's Consultation (Physical examination + Medical history review)
  - Comprehensive Medical Report and Review
  - BMI + Fats% Composition
  - Visual Acuity + Color Vision
  - Tonometry (Glaucoma)
  - Resting ECG (Heart disease) OR Chest Xray (Lung Cancer & TB)
  - Thin Prep Pap Smear and Pelvic Examination (Female) - optional
  - Lab Test:
    - Full Kidney - Sodium, Potassium, Chloride, Urea, Creatinine
    - Full Liver- Total Protein, Albumin, Globulin, A/G Ratio, Total Bilirubin, Alkaline Phosphatase, SGPT/ALT, SGOT/AST, Gamma GT
    - Full Blood Count + Peripheral blood film +ESR
    - Glucose (Diabetes)
    - Full Lipid - Total Cholesterol, Triglyceride, HDL, LDL, Cholesterol Ratio
    - VDRL Serology (syphilis)
    - Bone & Joint - Calcium, Phosphate, Uric Acid (Gout)
    - Hepatitis A & B
    - Thyroid screen - Free T4, TSH
    - Cancer Markers - AFP (Liver), CEA (Colon), CA-125 (Female ovary), Total PSA (Male prostate)
    - Urine FEME
    - Stool Occult Blood

  - **Choice of ONE scan**:
    - ✓ Ultrasound Hepatobiliary System (Liver, gallbladder, pancreas, spleen)
    - ✓ Ultrasound Kidneys (Kidney Cancer)
    - ✓ Ultrasound Thyroid (Thyroid Cancer)
    - ✓ Ultrasound Pelvis (Womb & ovary cancer, fibroid, ovary cyst)
    - ✓ Ultrasound Breasts (Below 40 years - Breast Cancer/ lumps)
    - ✓ Ultrasound Prostate (Prostate Cancer)

Add-on rates (Applicable when taken with Pecan Package)

- ✓ EBV nose cancer + CA19-9 pancreas cancer blood test at $87.20
- ✓ Testosterone (Male Sex Hormone) at $38.15
- ✓ Retinal Photograph (Eye Disease) at $38.15
- ✓ Treadmill ECG (Heart artery blockage) at $196.20

- **Cashew Health Screening Package $872**
  Male and Female (40 yrs old & above)

  - Doctor's Consultation (Physical examination + Medical history review)
  - Comprehensive Medical Report and Review
  - BMI + Fats% Composition
  - Visual Acuity + Color Vision
  - Tonometry (Glaucoma)
  - Resting ECG (Heart disease)
  - Chest Xray (Lung Cancer & TB)
  - Thin Prep Pap Smear and Pelvic Examination (Female) - optional
  - Lab Test:
    - Full Kidney - Sodium, Potassium, Chloride, Urea, Creatinine
    - Full Liver- Total Protein, Albumin, Globulin, A/G Ratio, Total Bilirubin, Alkaline Phosphatase, SGPT/ALT, SGOT/AST, Gamma GT
    - Full Blood Count + Peripheral blood film +ESR
    - Glucose (Diabetes)
    - Full Lipid - Total Cholesterol, Triglyceride, HDL, LDL, Cholesterol Ratio
    - VDRL Serology (syphilis)
    - Bone & Joint - Calcium, Phosphate, Uric Acid (Gout)
    - Hepatitis A & B
    - Thyroid screen - Free T4, TSH
    - Cancer Markers - AFP (Liver), CEA (Colon), CA19-9 (Pancreas), CA-125 (Female ovary), Total PSA (Male prostate)
    - Helicobacter Pylori (stomach bacteria that causes stomach cancer)
    - Testosterone (Male only)
    - Urine FEME
    - Stool Occult Blood

  - **Choice of TWO scans**:
    - ✓ Ultrasound Hepatobiliary System (Liver, gallbladder, pancreas, spleen)
    - ✓ Ultrasound Kidneys (Kidney Cancer)
    - ✓ Ultrasound Thyroid (Thyroid Cancer)
    - ✓ Ultrasound Pelvis (Womb & ovary cancer, fibroid, ovary cyst)
    - ✓ Ultrasound Breasts (Below 40 years - Breast Cancer/ lumps)
    - ✓ Mammogram (After 40 years – Breast Cancer/calcification)
    - ✓ Ultrasound Prostate (Prostate Cancer)
    - ✓ Treadmill Stress Test (Heart)

Add-on rates (Applicable when taken with Cashew Package)

- ✓ Energy blood test – Iron, Folate, Vitamin B12 and DHEA hormone at $152.60
- ✓ Vitamin D blood test at $130.80
- ✓ Retinal Photograph (Eye Disease) at $38.15

- **Brazil Nut Couple Package $719.40 per couple**
  (Individual female $479.60, individual male $397.85)
  (Pre-marital or pre-conception screen)

  - Doctor's Consultation (Physical examination + Medical History review)
  - Comprehensive Medical Report and Review
  - BMI + Fats% Composition
  - Thin Prep Pap Smear and Pelvic Examination (Female) - optional
  - Lab Test:
    - Full Blood Count
    - Blood Grouping & Rh (rhesus) Factor
    - Thalassemia Screen
    - Glucose (Diabetes)
    - Full Lipid - Total Cholesterol, Triglyceride, HDL, LDL, Cholesterol Ratio
    - VDRL Serology (syphilis) + HIV
    - Hepatitis B screen
    - Thyroid screen – Free T4 and TSH
    - Urine FEME

  Female
  - ✓ Rubella Serology
  - ✓ Ultrasound Pelvis (Womb & ovary problems)

  Male
  - ✓ Semen Analysis (Fertility)

  Add-on rates (Applicable when taken with Brazil Nut Couple Package)
  Female Screen
  - ✓ Female Hormones blood test at $109
  - ✓ Ultrasound Breasts at $147.15

  Male Screen
  - ✓ Testosterone (Male Sex Hormone) at $38.15
  - ✓ Ultrasound Testes (for varicocele which can affect fertility) at $196.20

HPV 2-Valent and 9-Valent Vaccination Available for prevention of Cervical Cancer, Genital Warts, Oral Cancer, Anal Cancer, Penile Cancer

Terms & Conditions:

1) **All prices are inclusive of 9% GST**.
2) Prices are subject to change without notice.
3) Please call 62357888 or email wellness@asiahealthpartners.com to book appointment. Walk-in will not guarantee consultation.
4) Depending on packages, selected screens are required to fast for 8 hours (no food and sweets, only water is allowed). You may consult the nurse when booking your appointment.
5) Please bring along your medical reports, films and medication (if any).
6) Items declined in packages will not be refunded or substituted.
7) In the event of dispute, all results are subjected to the sole discretion and the final decision of Asia HealthPartners Pte Ltd. The management reserves the right to substitute alternative services of equal value.

Asia HealthPartners is located at 304 Orchard Road, Lucky Plaza, #05-06, S238863
More info at www.asiahealthpartners.com

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