

## **ST Mind Your Body Packages 2019**

- **Sunshine Health Screening Package \$138.00**

**Male and Female (Below 40 yrs old)**

- Doctor's Consultation (Physical examination + Medical History review)
- Comprehensive Medical Report and Review
- BMI + Fats% Composition
- Tonometry (Glaucoma)
- Lab Test:
  - Full Kidney - Sodium, Potassium, Chloride, Urea, Creatinine
  - Full Liver - Total Protein, Albumin, Globulin, A/G Ratio, Total Bilirubin, Alkaline Phosphatase, SGPT/ALT, SGOT/AST, Gamma GT
  - Full Blood Count + Peripheral blood film +ESR
  - Glucose (Diabetes)
  - Full Lipid - Total Cholesterol, Triglyceride, HDL, LDL, Cholesterol Ratio
  - VDRL Serology (syphilis)
  - Bone & Joint - Calcium, Phosphate, Uric Acid (Gout)
  - Hepatitis A & B
  - Cancer Markers - AFP (Liver), CEA (Colon)
  - Urine FEME
  - Stool Occult Blood

***Add-on rates (Applicable when taken with Sunshine Package)***

- ✓ Pap Smear with Pelvic examination at \$32.10
- ✓ Thyroid Function Test (TSH and Free T4) at \$ 42.80
- ✓ CA125 (Cancer marker for Womb &Ovary) at \$37.45
- ✓ Total PSA (Cancer marker for Male Prostate) at \$37.45
- ✓ Ultrasound Pelvis (Female womb and ovaries) at \$125.19
- ✓ Ultrasound Kidneys & Bladder at \$125.19

- **HPV 2-Valent, 4-Valent and 9-Valent Vaccination Available for prevention of Cervical Cancer, Genital Warts, Oral Cancer, Anal Cancer, Penile Cancer**

- **Synergy Health Screening Package \$328.00**

**Male and Female (40 yrs old & above)**

- Doctor's Consultation (Physical examination + Medical history review)
- Comprehensive Medical Report and Review
- BMI + Fats% Composition
- Visual Acuity + Color Vision
- Tonometry (Glaucoma)
- Resting ECG (Heart disease) OR Chest Xray (Lung Cancer & TB)
- Pap Smear and Pelvic Examination (Female) - optional
- Lab Test:
  - Full Kidney - Sodium, Potassium, Chloride, Urea, Creatinine
  - Full Liver- Total Protein, Albumin, Globulin, A/G Ratio, Total Bilirubin, Alkaline Phosphatase, SGPT/ALT, SGOT/AST, Gamma GT
  - Full Blood Count + Peripheral blood film +ESR
  - Glucose (Diabetes)
  - Full Lipid - Total Cholesterol, Triglyceride, HDL, LDL, Cholesterol Ratio
  - VDRL Serology (syphilis)
  - Bone & Joint - Calcium, Phosphate, Uric Acid (Gout)
  - Hepatitis A & B
  - Thyroid screen - Free T4, TSH
  - Cancer Markers - AFP (Liver), CEA (Colon), CA-125 (Female ovary), Total PSA (Male prostate)
  - Urine FEME
  - Stool Occult Blood
- **Choice of one scan:**
  - ✓ Ultrasound Hepato-biliary System (Liver, pancreas, spleen, and gallbladder)
  - ✓ Ultrasound Pelvis (Womb & ovary cancer, fibroid, ovary cyst)
  - ✓ Ultrasound Breasts (Below 40 years - Breast Cancer/ lumps)
  - ✓ Mammogram (Above 40 years - Breast Cancer/ calcification)
  - ✓ Ultrasound Prostate (Prostate Cancer)
  - ✓ Ultrasound Kidneys and Bladder
  - ✓ Ultrasound Thyroid

**Add-on rates (Applicable when taken with Synergy Package)**

- ✓ Retinal Photograph (Eye Disease) at \$37.45
- ✓ Liquid Based Pap Smear (Improved Accuracy) with Pelvic examination at \$64.20
- ✓ Helicobacter Pylori (Stomach bacteria that can cause gastric pain, stomach ulcer & stomach cancer) at \$42.80
- ✓ Treadmill Stress Test (Heart Disease) at \$192.60

- **Men Vitality Health Screening Package \$288.00**

**All Male**

- Doctor's Consultation (Physical examination + Medical History review)
- Comprehensive Medical Report and Review
- BMI + Fats% Composition
- Resting ECG (Heart Disease)
- Ultrasound Prostate (Prostate Cancer)
- Lab Test:
  - Male Hormones – Follicle Stimulating Hormone (FSH), Luteinising Hormone (LH), Prolactin and Testosterone
  - Prostate Cancer Marker PSA

**Add-on rates (Applicable when taken with Men Vitality Package)**

- ✓ Fasting blood test for Cholesterol, Diabetes, Full blood count, Liver function, Kidney Function, Thyroid Function, Bone & Joint markers, Liver & Colon cancer markers, Hepatitis A and B, VDRL, Urine Test and Stool Occult blood test at \$94.16

- **Travel Vaccinations**

- Flu Vaccination (4 Strains) at \$38.00

**Terms & Conditions:**

- 1) **All prices are inclusive of GST.**
- 2) Prices are subject to change without notice.
- 3) Please call 62357888 or email [wellness@asiahealthpartners.com](mailto:wellness@asiahealthpartners.com) to book appointment. Walk-in will not guarantee consultation.
- 4) Depending on packages, selected screens are required to fast for 8 hours (no food and sweets, only water is allowed). You may consult the nurse when booking your appointment.
- 5) Please bring along your medical reports, films and medication (if any).
- 6) Items declined in packages will not be refunded or substituted.
- 7) In the event of dispute, all results are subjected to the sole discretion and the final decision of Asia HealthPartners Pte Ltd. The management reserves the right to substitute alternative services of equal value.



Asia HealthPartners is located at 304 Orchard Road, Lucky Plaza, #05-06, S238863

More info at [www.asiahealthpartners.com](http://www.asiahealthpartners.com)

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