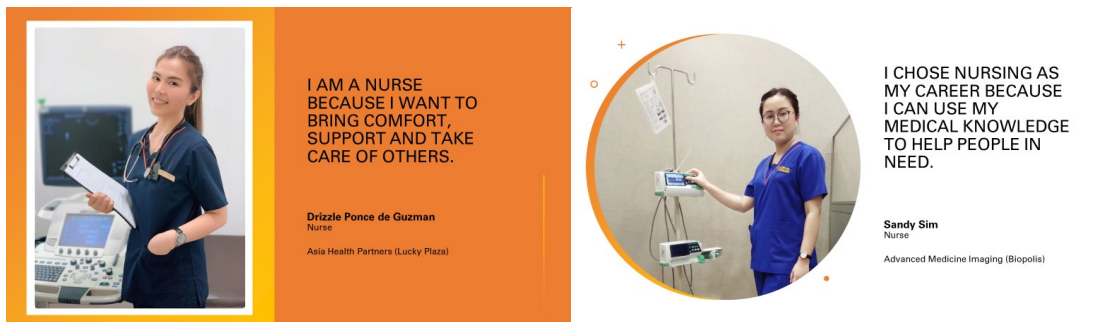# Happy International Nurses Day!

Florence Nightingale, also famously known as 'The Lady with the Lamp', founded modern nursing at the end of the 19th century (McDonald, 2017). Thanks to Nightingale's meticulous handwashing and hygiene practices during the Crimean War, her team reduced the death rate of wounded soldiers from 42% to 2% — leading the nursing profession as we know today (Lee, 1912). On 12th May, we recognise the important role nurses play in our lives by celebrating National Nurses Day.

Nursing is a profession that offers the opportunity to make such a profound difference on the lives of people who truly need and appreciate it. Effective nurses contribute to the success and stability of healthcare institutions, coupled with the mental and physical support of their patients. They give not only their knowledge, but a piece of their heart to every patient they care for.

Globally, nurses are working diligently to provide care and attention people need, even more so during the covid-19 period. With more than 40,000 of nurses working in Singapore, nurses created the highest percentage of the Singapore healthcare workforce (Ministry of Health Singapore, 2019). To mark the occasion, Asia Health Partners/Advanced Medicine Imaging is taking the time to address and recognise the efforts of our nurses. They are caring, understanding, non-judgmental and possess a strong ability to empathise with patients from all walks of life. We thank you for the care and service you brought to us!

I AM A NURSE BECAUSE I WANT TO BRING COMFORT, SUPPORT AND TAKE CARE OF OTHERS.

Drizzle Ponce de Guzman
Nurse

Asia Health Partners (Lucky Plaza)

I CHOSE NURSING AS MY CAREER BECAUSE I CAN USE MY MEDICAL KNOWLEDGE TO HELP PEOPLE IN NEED.

Sandy Sim
Nurse

Advanced Medicine Imaging (Biopolis)

Drizzle is a dedicated and supportive nurse at our Lucky Plaza clinic. She embarked on the nursing journey to care and bring comfort to her patients. At work, she enjoys guiding new nurses, as well as conversing with her patients. Whereas at our Biopolis clinic, Sandy attends to the patients receiving treatments. She chose nursing as a career to help patients through difficult moments and finds it particularly rewarding when she can alleviate some discomfort.

Join us in thanking our nurses and participate in these National Nurses Day's activities:

☺ Be kind to them.

✍ Write to your nurse and thank them.

🥤 Give them a boost with their favourite drink!

References

McDonald, L. (2017). *Florence nightingale, nursing, and health care today*. Retrieved from https://ebookcentral.proquest.com.

Ministry of Health Singapore. (2019). *Health manpower*. Retrieved from https://www.moh.gov.sg/resources-statistics/singapore-health-facts/health-manpower

Lee, S. (Ed.). (1912). Florence Nightingale. In *Dictionary of National Biography (2nd supplement)*. London: Smith, Elder & Co.